

# Walk for Wellbeing Liverpool, Sefton Park

Sunday, 13 October 2024

**Walk starts at 10:00am, registration at 09:30.**

Entrance via the Mossley Hill Drive/Croxteth Drive mini roundabout, near St Hilda's High School.



The 20km route will cover four 5km laps of Sefton Park

- Please dispose of litter carefully
- Advise the organisers of medical conditions
- Walk at the pace you feel comfortable with
- If you need assistance call:  
Tracey Colley: 07815 013 948  
Christine Henney: 07415 413 557
- **In the event of an emergency, call 999**

*walk for  
wellbeing.*

Let's walk the walk and make a positive difference together

In support of

Hospitality  
Action

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**mum.**  
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