

Walk for Wellbeing Cardiff

Sunday, 13 October 2024

Walk starts at 10:00am, registration at 09:30.



- Please dispose of litter carefully
- Advise the organisers of medical conditions
- Walk at the pace you feel comfortable with
- If you need assistance call:
Damien Martin: 07917 916181
- **In the event of an emergency, call 999**

*walk for
wellbeing.*

Let's walk the walk and make a positive difference together

In support of

Hospitality
Action

powered by

mum.
talent taken care of

hosted by


**CARDIFF
HOTELIERS
ASSOCIATION**