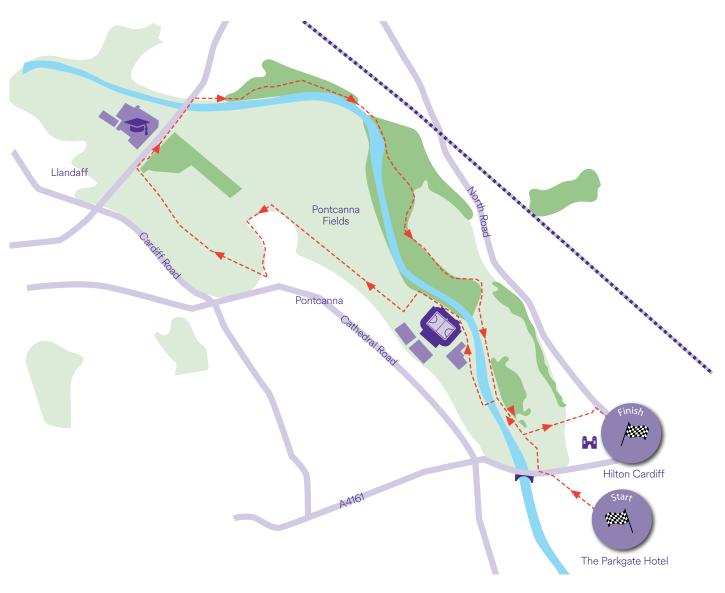
Walk for Wellbeing Cardiff

Sunday, 13 October 2024

Walk starts at 10:00am, registration at 09:30.



- Please dispose of litter carefully
- Advise the organisers of medical conditions
- Walk at the pace you feel comfortable with
- If you need assistance call: Damien Martin: 07917 916181
- In the event of an emergency, call 999







